



LAURA DYER



PHYSIOTHERAPIST

CLINICAL MATRON FOR STROKE SERVICES. HAMPSHIRE HOSPITALS FOUNDATION TRUST

"I love helping a patient towards recovery. There is huge satisfaction in a patient regaining mobility or independence and going home.

Academic profile

Degree

BSc Physiotherapy

Qualification/achievement you are most proud of

The buzz when you see your patients get better, recover from their stroke and are able to go home

Subjects you enjoyed at school

PE, Biology

Career Summary

I started physiotherapy training at the University of Southampton. After completing a 3 year undergraduate programme I got my first rotational physiotherapy job in a large NHS Trust. I rotated through a range of specialities including neurology, respiratory and musculoskeletal physiotherapy. 2 years after qualifying I specialised in neurology. I have since developed my expertise in the management of neurological patients. I currently work as the Clinical Matron for the stroke service in Winchester leading a large service in a variety of settings



Describe your job



What inspired you?

I always had an interest in medicine however was initially unsure which career was right for me. I completed some work experience; this opened my eyes to the world of physio. It was the active career combined with the opportunity to develop specialist skills and knowledge I was looking for

Did you know

Did you know more than 100,000 people have a stroke every year in the UK?

Top tip

Go for it, the hard work and study is well worth it

Best thing about my job

It's so varied, I have worked in so many different areas - I'm always learning!

Find out more

- [The Chartered Society of Physiotherapists](#)
- [The Health and Care Profession Council](#)

Watch the video:

